

REGISTER TODAY! Save time & register online at [www.walkMS.org](http://www.walkMS.org).

**TEAM INFORMATION**

Team Name: \_\_\_\_\_  
Team Captain Name: \_\_\_\_\_

**TEAM TYPE (PLEASE CIRCLE)**

- Corporate
- Friends/Family
- School/School Organization
- Church/Religious Organization
- Medical Community
- Please send me more information about forming a team

**VOLUNTEERS (PLEASE CIRCLE)**

- I am participating, but would like more information about volunteering before the Walk.
- I would like to be a volunteer.
- I am unable to participate, but would like to donate \$.

**TELL US YOUR CONNECTION TO MS (PLEASE CIRCLE)**

- I have MS
- I have a friend or co-worker with MS
- Spouse of a person with MS
- Child of a person with MS
- Parent of a person with MS
- Sibling of a person with MS
- Other \_\_\_\_\_

EVERY STEP MATTERS



Evelyn, diagnosed in 2008

Lynn, diagnosed in 1974

THANK YOU TO LAST YEAR'S CORPORATE PARTNERS:



ALABAMA WALK EVENTS

Alabama-Mississippi Chapter Walk 2013

REGISTER TODAY

[walkMS.org](http://walkMS.org)  
1.800.344.4867



Lynn, diagnosed in 1974

WALK TO CREATE A WORLD FREE OF MULTIPLE SCLEROSIS

BE INSPIRED.  
GET CONNECTED. WALK MS.



Walk MS connects people living with MS and those who care about them. It is an experience unlike any other — a day to come together, to celebrate the progress we've made and to show the power of our connections.

WALK MS: LOCATIONS

MARCH 9, 2013

Cullman, AL  
Dothan, AL  
Tuscaloosa, AL

MARCH 16, 2013

Mobile, AL (South Alabama)  
Montgomery, AL (River Region)

APRIL 6, 2013

Huntsville, AL

APRIL 13, 2013

Birmingham, AL

REGISTER & START  
FUNDRAISING TODAY

When you participate in Walk MS, the funds you raise give hope to the more than 4,100 people living with MS in Alabama. The dollars raised support promising research to stop the disease, restore function that has been lost and to end MS forever. Your dollars also help fund local programs for people living with MS right here in Alabama.

A WORLD FREE OF MS

Early and ongoing treatment with FDA-approved therapy can make a difference for people with multiple sclerosis. Learn about your options by talking to your health care professional and contacting the National MS Society at [nationalMSsociety.org](http://nationalMSsociety.org) or 1.800.344.4867.

REGISTER OR VOLUNTEER TODAY

[www.nationalMSsociety.org/alc](http://www.nationalMSsociety.org/alc)  
1.800.344.4867



REGISTER TODAY. Save time & register online at [www.walkMS.org](http://www.walkMS.org).

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Individual Fundraising Goal \_\_\_\_\_

Employer \_\_\_\_\_

T-shirt Size: Small \_\_\_ Medium \_\_\_ Large \_\_\_ XL \_\_\_ 2XL \_\_\_ 3XL \_\_\_

I WANT TO PARTICIPATE AT:  
(PLEASE CIRCLE)

- Cullman, AL (March 9)
- Dothan, AL (March 9)
- Tuscaloosa, AL (March 9)
- Mobile, AL (March 16)
- Montgomery, AL (March 16)
- Huntsville, AL (April 6)
- Birmingham, AL (April 13)

MAIL/E-MAIL/FAX REGISTRATION :

Alabama-Mississippi Chapter  
813 Shades Creek Parkway - Suite 100B  
Birmingham, AL 35209  
E-mail: [amanda.burton@nmss.org](mailto:amanda.burton@nmss.org)  
Fax: 1-205-879-8869